



KALUSUGAN

Una sa **LAHAT**
para sa **LAHAT**



How can we get HIV / AIDS and other STDs?

From:

- Sexually explicit protection or insertion of the penis in the buttocks or mouth of the infected person.
- Contact between broken skin, wounds, or mucous membranes and HIV-infected blood or blood-contaminated body fluids.
- Sharing needles or syringes, rinse water, or other equipment (works) used to prepare drugs for injection with someone who has HIV.
- From mother to child during pregnancy, birth, or breastfeeding.



You don't get HIV / AIDS from:



You don't get HIV / AIDS

- Toilet
- Swimming pool
- Sharing food
- Hugging
- Cough and Sneezing
- Soft kissing
- Mosquito bite
- Shaking hands