



# KALUSUGAN

Una sa **LAHAT**  
para sa **LAHAT**



## Why Do I Need To Wait for Sex?

**A. Be clear with yourself so you can be clear with others.**

- > You want the first time to be really special
- > You want to finish your studies and have a decent job
- > You want to wait for the right time
- > You believe sex changes a relationship
- > You don't want to risk an unexpected pregnancy
- > You're worried about sexually transmissible infections (STIs) or even HIV
- > You believe sex is not always equal to love



**B. Have a strong sense of yourself. You have your own personal identity to build, strengthen, and develop.**

**C. Learn how to control your desires. Wait until you are capable to take responsibilities and economically stable.**

