



# KALUSUGAN

Una sa **LAHAT**  
para sa **LAHAT**



Nowadays, teenagers get a lot of pressure to engage in sex from friends, partners, TV, movies, etc. But you have the right to say "NO" and still be cool. It's NOT fad to engage in sex if you're not ready. It's your choice. Stand up for what you believe in!

## CHECK IT OUT!

Here are some points for you to consider.



## Why Do Filipino Youth Engage In Premarital Sex?

1. "Pakikisama" or "pagbibigay" (peer pressure). A boy may say to his girlfriend: "kung mahal mo ako, pagbigyan mo ako." This is one of the most overused lines, if we are talking about sexual pressures. Is engaging in sex the only answer to this? Indeed, a toughie concern that one can be up against with.

