



# KALUSUGAN

Una sa **LAHAT**  
para sa **LAHAT**



2. "Gaya-gaya" or "para in" (feeling of "I" belong to...) Premarital sex is not a fashionable thing to do. Such action should be taken with responsibility. One should take note that most Filipino males do want to marry a virgin bride.



3. "Na-carried away" (so emotionally excited). Its natural to be emotional but one has to learn to control such emotions. Emotion must be directed by one's reasoning power. Sexual activity is equated with mature responsibility.