



KALUSUGAN

Una sa **LAHAT**
para sa **LAHAT**



**When
does
fertility
begin**

Male Fertility

**Boys
10-14 years old**



**Puberty to death
Males are always
fertile**

Female Fertility



**Girls
8-12 years old**

**Menarche
to
Menopause**

Signal:

Wet dreams

Menstration

Hormone:

Testosterone

Estrogen

Progesterone